



History of Psychology

— PSY 308/608 —

Fall 2019

Course



CAIN HALL 251



T/TH 10:30-11:45am



CO13 - 3 CREDITS

Instructor



Dr. Brittany Avila

Office: Mack Social Science 405

Email: brittanyavila@unr.edu

Phone: 775-682-6124

Office Hours: T/Th 1-2:30pm (MSS 405);
Tues: 3:00 – 4:00 PM (@Starbucks)

TA Information

Kaitlyn Witt

Email: kaitlynwitt3@gmail.com

Maya Lemus

Email: maya_lemus@outlook.com

Course Description

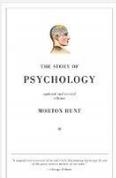
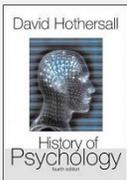
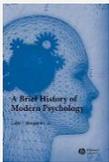
This course will trace the history of psychology from its roots in ancient philosophy to its inception as a scientific discipline and to the current theories, ideas and people who contribute to the discipline. Special attention will be paid to historic figures, theories and events that shaped psychology and to the different systems (areas within psychology) and their formation.

Suggested Texts (not required!)

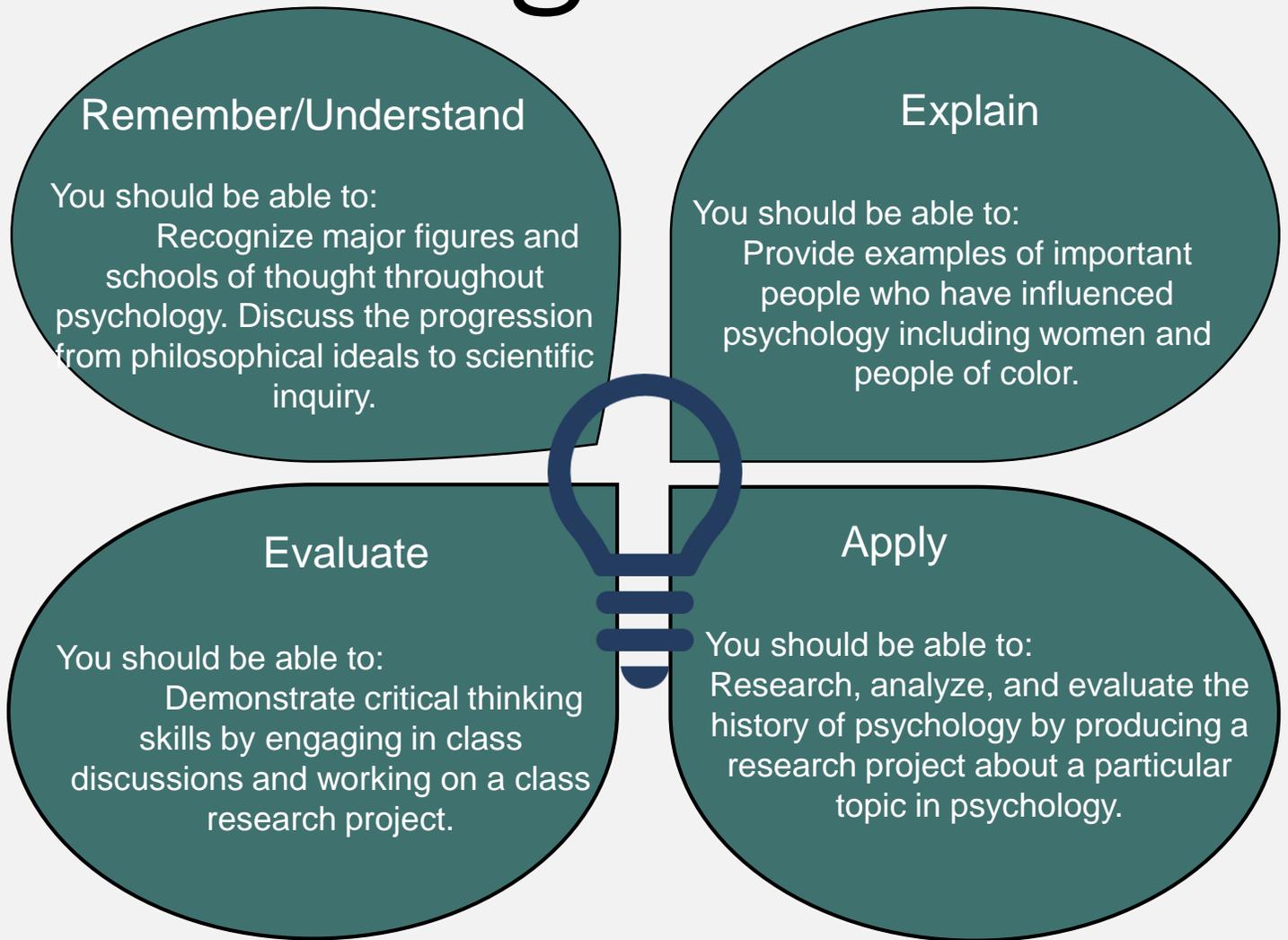
All texts required of you will be posted on Canvas.

This is a list of suggested reading if you are interested in the subject and want to read more.

- 1) Benjamin, L.T. (2007). A Brief History of Psychology. First Edition.
- 2) Hothersall, D. (2004). History of Psychology. 4th Edition.
- 3) Hunt, M. (2007). The Story of Psychology.
- 4) Classic Reading in History of Psychology
 - 1) This website has the original texts written by famous people in psychology so you can check it out in their own words.
<http://psychclassics.yorku.ca/author.htm>
- 5) More readings, and those specific to areas within psychology, can be recommended upon request.



Learning Goals



How to support learning

FOR YOU

- 1) Come to class prepared by reading the textbook and/or preparing for any class activities.
- 2) Always be present in class, both physically and mentally. Sitting idly by in class will not be helpful for either of us, nor is playing on your phone/laptop.
- 3) Be an active participant in the course. This means asking and answering questions in class and sending emails when questions arise outside of class time.
- 4) Be respectful to both your classmates and me. Psychology is a discipline where we discuss differing viewpoints, and being respectful of others and their views is a must. Students who are disrespectful to their classmates or to me will be asked to leave.
- 5) Do your own work. There is no wiggle room here – plagiarism/cheating will not be tolerated.

FOR ME

- 1) Come to class prepared each and every day.
- 2) Be enthusiastic about course material and my role in helping you learn.
- 3) Understand that I cannot know everything. When questions arise that I don't know the answer to, I will find the answer for the next class period and get back to you.
- 4) Create a course atmosphere conducive to learning for all by respecting my students and their views.
- 5) Have fun!

Core Values

No instructor is neutral in what they value in their classroom, the students they meet, and themselves. However, we often hide these values from you, such that if you wanted to know what I value, you would need to play a guessing game.

Here are 5 values that I have and that I am to embody in this course. While I have chosen these terms without your input, it is my intention to leave enough ambiguity that we can interpret them together as the semester goes on.

curiosity

community

creativity

kindness

transparency

IDEO Core Values

Ideo is one of the world's most influential design and consulting firms (working on things like the iPhone and Apple Mouse), pioneering the process of design thinking. "We wrote this to give you a sense of IDEO's culture—the ties that bind us together as coworkers and as people. These are the values that get us there."

- Be Optimistic
- Collaborate
- Embrace Ambiguity
- Talk Less, Do More
- Learn From Failure
- Make Others Successful
- Take Ownership

This section of the syllabus was inspired by, and takes some exact wording, from Dr. Brenda Yang



Advice from Past Students

Course Work/Planning

- "Do your work early"
- "Stay on top of assignments"
- "Write down all the assignments in a planner so you don't forget"
- "Just because you don't have tests, pay attention, because you will learn useful information"
- "When looking up lesser known psychologists, use the academic tree website, look at larger known people and then filter through their students"

Project

- "Don't stress about the final project, the steps are beneficial"
- "Pick a research topic that has a lot of data on it"
- "Make your project something you care about, it makes it more engaging"

Attendance

- "Don't use all your free absences right away"
- "Attend every class"

Participation

- "My advice would be to have fun and participate because the material is interesting"
- "ENGAGE in class"
- "Pay attention in class and ask questions"

Expectations

- "Know that Dr. A expects a lot from you and you will need to go beyond what you would normally do, but it's worth it."

Contacting Me

Email Contact

Expect a reply within 24 hours
M-F and within 48 hours on
weekends

In-Person Contact

Drop by my office or
schedule an appointment.
See Student/Office hours
for more info

Contacting Me by Other Methods

- 1) Email me
- 2) Stop by my office
- 3) Find me on Twitter
- 4) Zoom meetings (easy video chat meetings that can be done anywhere/anytime)
- 5) Schedule an appointment if my office hours are not conducive to your schedule
- 6) Advising appointment: if you have questions about advising related topics you can schedule an appointment by calling 775-784-6828
- 7) Use any other communication method you know of...if there's a tech I'm not on and should be, let me know!



Student "Office" Hours

In-Person

Student Hours

Tuesday/Thursday
1:00 PM – 2:30 PM
MSS 405

Coffee Hours

Tuesday
3:00 – 4:00 PM
Starbucks @ the Joe

A NOTE ABOUT STUDENT HOURS:

Office hours can sometimes be confusing or intimidating. Therefore, they will be known as student hours in this class! These hours are dedicated hours each week where I am available to you. You can stop by my office in person, email me, video chat, chat on Canvas, or use any other method of contact you wish. If you are to contact me during these hours I will drop anything I am doing (aside from assisting another student) and help you. You can ask ANY questions during this time., they do NOT have to be course related. I have an open-door policy as well, meaning you are more than welcome to drop by any time even if it is not during scheduled student hours.

Seriously, please use these hours. These conversations are why I love teaching so much and I really enjoy getting to know each of you and helping you in any way I can.



Course Librarian

You have access to your very own librarian in this course! Actually she is available to you in all of your courses since she is the Psychology Librarian. She will help you find sources, cite sources, check for issues/plagiarism, make sure your sources are good and so much more. You will meet her in person during 2 library days throughout the semester to help work on your project.

Rayla Tokarz

Psychology Librarian

Phone: 775-682-5512

Email: rtokarz@unr.edu





Canvas

I will be putting all course materials (syllabus, schedule, PowerPoint lessons, grading rubrics, assignment instructions, readings, etc) on Canvas so that you will have access to them at any point. If you need help navigating Canvas(e.g., how to submit an assignment, use the discussion board, etc.), you can contact UNR Information Technology (see below).



Google Slides

I will use Google Slides for lectures in this course. Google slides has a feature where anyone can ask anonymous questions during the lecture. This will hopefully allow students who do not wish to ask a question aloud, or who did not get a chance to ask a question/make a statement during a discussion to have a platform for questions, comments, statements, etc... I will also use polling features to be able to ask simple quick questions throughout the class.



Communication

I will communicate with you through both email and Canvas Announcements. Be sure to check both your email and Canvas regularly for updates and communications. If you do not use your University email address regularly, please make sure to change your desired email address in MyNevada so that emails will be sent to the email address you use most frequently. Not receiving communication will not be an excuse for missing or late assignments.



Technology Failure

Technology makes our life and course easier, but it can also be frustrating and unreliable (e.g., computer crashes, bad or no internet connections, Canvas being down, deleted work, etc.). I accept work electronically through either Canvas or email so plan accordingly. If you are having trouble uploading assignments through Canvas, you can email them to me. If you are having trouble with the Internet you can screenshot them and email them from your phone. You can turn in assignments in hard copy if necessary. All of this must be done before the assignment is due so do not wait until the last minute in case of technology failure. I will NOT accept late work due to technology errors.

Need help with technology?
University Office of Information Technology (OIT)

Phone: 775-682-500
Website: <https://oit.unr.edu>
Hours: M-F 8 AM – 5 PM

Mathewson-IFT Knowledge Center
2nd Floor Main Atrium



Windows PCs, Mac's and Laptops are available through the Mathewson-IGT Knowledge Center
7 AM – 7 PM. 775-784-4636

Resources

Disability Resources

"Any student with a disability needing academic adjustments or accommodations is requested to speak with the Disability Resource Center (Pennington Student Achievement Center, Suite 230; 775-784-6000) as soon as possible to arrange for appropriate accommodations."

My goal is for every student to succeed in this course. Sometimes that requires accommodations and I am more than happy to make arrangements when needed. Please see the DRC if you haven't already and let me know what accommodations you require and how I can help you succeed.

Equal Opportunity and Title IX

The University of Nevada, Reno is committed to providing a safe learning and work environment for all. If you believe you have experienced discrimination, sexual harassment, sexual assault, domestic/dating violence, or stalking, whether on or off campus, or need information related to immigration concerns, please contact the University's Equal Opportunity & Title IX office at 775-784-1547. Resources and interim measures are available to assist you. For more information, please visit: <https://www.unr.edu/equal-opportunity-title-ix>.

Statement on Audio and Video Recording

"Surreptitious or covert video-taping of class or unauthorized audio recording of class is prohibited by law and by Board of Regents policy. This class may be videotaped or audio recorded only with the written permission of the instructor. In order to accommodate students with disabilities, some students may be given permission to record class lectures and discussions. Therefore, students should understand that their comments during class may be recorded."

Academic Success Services

You are already paying for these services so use them! "Your student fees cover usage of the University Math Center (775) 784-4433, University Tutoring Center (775) 784-6801, and University Writing Center (775) 784-6030. These centers support your classroom learning; it is your responsibility to take advantage of their services. Keep in mind that seeking help outside of class is the sign of a responsible and successful student."

Respect for Diversity

We are all come here with different life experiences, perspectives and viewpoints, which means we have a lot to learn from one another! It is my goal for this course to serve all students and student groups and that diversity can be viewed as a resource and strength. I intend to present materials with respect to diversity including gender, sexuality, disability, age, socioeconomic status, ethnicity, race and culture. I welcome and encourage any suggestions or ideas on ways to improve the course for you personally or for other students or student groups. Further, respect should be given to all students during class. This course should be a place where ideas can be discussed in a safe and appropriate manner. That means guidelines for respectful discourse will be upheld. We will discuss and create these guidelines together during the first week of class.

More Resources

Advising

In addition to teaching, I serve as an academic advisor in the Psychology Department. I highly recommend seeing an advisor if you need help with: scheduling classes, direct learning, career options, graduate school applications, deciding whether or not to go to graduate school, understanding the university, and anything else academic and career related. You can see any advisor in the Psych Department

Call: 775-784-6828 to schedule an appointment
Email: psyhelp@unr.edu for quick questions

@ One in the Library

Poster Printing
Lendable Technology
VR Equipment
Photography Equipment
Computers with Data Programs (SPSS, R) built in (though you have access to these and other Microsoft products for free for being a student)
4K Suite

<https://library.unr.edu/atone>

Counseling Services

Included in your tuition is access to counseling services. You can see a counselor for:

- Individual counseling
- Group counseling
- Urgent care services
- Psychological Testing
- Self-Help center
- Virtual Relaxation Room

Contact:
Pennington Student Achievement Center
Suite 420
775-784-6828
Hours: M-F 8:00 AM -5:00 PM

Other cool things included in tuition:

- E.L. Weigand Fitness Center
- Student Health Center
- Campus Escort Service
- UNR Police Services
- Center for Cultural Diversity
- Veterans Services
- Office of International Students
- Legal Advice
- Clubs and Organizations

See <https://www.unr.edu/student-services/enrollment-services/first-in-the-pack-program/campus-resources> for more info

So Much More

I know there is more available to you than what I have listed. Tuition is expensive, and that doesn't even begin to cover other expenses you incur as college students, many resources you pay for outside of these expenses might be free for you as a student. Please always double check with the UNR website or call and ask someone, including us advisors, if something out there can be free for you or useful to you before looking elsewhere.

Research in this course

At any time I may collect data in this course to research whether certain methods are working or not working for students. All information collected is de-identified meaning no information is connected to you or your name. If you wish not to be included in this research you can opt out by emailing me at brittanyavila@unr.edu at any time.

How your success is measured⁸

Participation

We will do in-class activities, assignments or an exit ticket each day to measure participation in the course. These will be graded as all or nothing (almost like an attendance check). You will be able to drop your lowest three scores. This means you can miss three classes without penalty. Please do not tell me when or why you will be absent, you can miss three classes for any reason whatsoever, I do not need to know that reason. However, if you need to miss more than three classes for UNR related activities (sports, clubs, organizations, etc.) or for job/academic reasons (interviews, etc.), or continuing medical reasons, let me know early to excuse them.

Discussion Questions

This class is discussion based. That means that I expect each of you to contribute to course discussions (no one wants to hear me lecture for an hour and 15 minutes every day!). Due to this, you will be required to come up with 2-3 discussion questions each week.

To come up with these questions you can use:

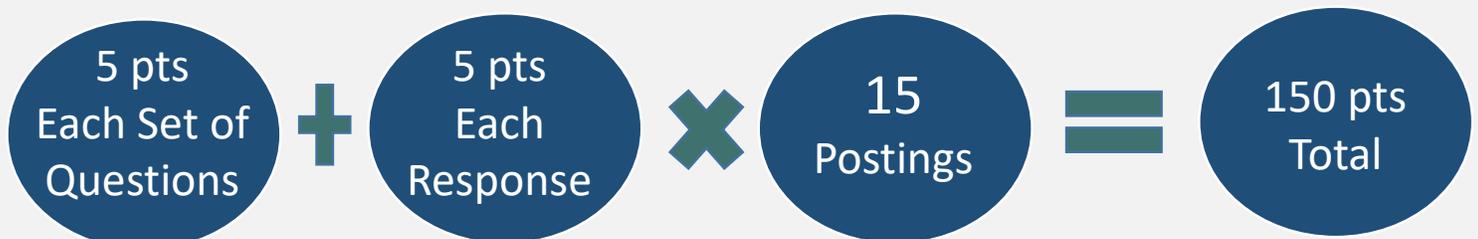
- 1) The reading for the week (you should be reading ahead of class)
- 2) Information you already have from previous courses, experiences, or other prior knowledge
- 3) Burning questions you've always been interested in about the topic or history of the area
- 4) Pretty much anything. Ask what you want! This is a non-judgement zone, we ask all kinds of questions to experiment with all kinds of knowledge. If it's a question in your head and you think we can answer it together, then please, please, please ask it

You will submit your questions on Canvas discussion platform. Topics/instructions for each discussion post are available on Canvas. At least one response to another student is required to receive full credit. These responses don't have to be exact answers in themselves, you can further the question if you feel it necessary. I will also periodically respond to questions, so watch out!

Deadline for Questions: Every Sunday at 11:59 PM

Deadline for Response(s): Every Wednesday at 11:59 PM

***Note about deadlines: You can always do these early, you can even do more than one week at a time to get ahead, so don't feel that you have to do this on Sunday/Wednesday nights, you can always get ahead so you don't have to worry about deadlines. This goes for every assignment in this course.**



How your success is measured⁹

Psychology on the Margins Essay

One of our learning objectives is to explore the work of less well-known psychologists including psychologists from diverse backgrounds. In this assignment you will explore and research a "lesser known" psychologist. You must search for one psychologist who is not considered one of the top in the field. This means that they should not be a large part of our readings or of any major introductory psychology textbook.

One helpful way to search for lesser known psychologists is to use adjectives such as: underappreciated, underrated, overlooked, forgotten, etc. I am happy to help you with your search if you struggle. You will choose one lesser known psychologist to write about for each essay.

The psychologist you choose must study in the field of which we are discussing during the week(s) you turn it in. For example, if you are turning in your first paper the Psychologist must be someone in the "Prescientific Psychology" field, meaning someone in philosophy or other disciplines. For your second paper you can turn in someone who started in the beginning of psychology alongside Wundt and James.

Your essay must include the following topics (see Grading Rubric for more details)

- The name of the psychologist
- The field in which they study
- Contributions to the field
- Why you found them interesting/chose them for your assignment or critical thinking about why this person is lesser known in the field of psychology and what it says about the field as a whole.

Your essay must match the following format:

- 1 page minimum; 2 page maximum
- 12 point Times New Roman font
- Double spaced

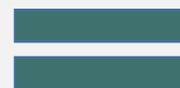
Topics and instructions for each essay are available on Canvas

Please think critically and feel free to include opinions as to why the person is lesser known, what it says about our field, and what you think about the decisions of who is considered a major player in the field and who is considered lesser known. However, be sure to use civility and empathy in the tone and rhetoric of your discussion to maintain a cordial environment.

30 pts
each



8
Essays



240 pts
Total

How your success is measured

Research Project

PSY 308 is a Capstone course meaning you must demonstrate knowledge of how course material relates to other material you have learned within the Psychology major and even a little beyond. To demonstrate this knowledge you will conduct a Research Project throughout the semester where you will focus on the history of a specific topic (i.e., area of Psychology) in which you have an academic or professional interest.

Your paper will focus on factors (e.g., people, events, theories) that have influenced your topic in the following four areas:

The far past of your topic is the philosophical, theological or scientific antecedents that occurred prior to the founding of Psychology by Wilhelm Wundt in 1879.

The recent past of your topic should include people, ideas, theories and events that have influenced or helped form your topic during the recent past (1879-1999).

The present of your topic should include people, ideas, theories and events that have influenced your topic within the past 20 years (1999-2019).

The future of your topic refers to an informed hypothesis of how your topic will progress and continue to influence psychology for the next 20 years (2020-2040).

Examples of Acceptable Topics

Psychotherapy, clinical psychology, counseling, educational psychology, intelligence testing, social psychology, cognitive psychology, localization of brain function, neuroscience, sensation/perception, memory, motivation, positive psychology and wellness, sports psychology, occupational therapy, industrial/organizational psychology, the unconscious, creativity, statistics, developmental psychology and behavior analysis. If you have a topic not included in this list please email me or talk to me for approval before submitting your topic.

Stages:

This paper will be written in 5 different stages including:

Submitting your topic including a title and brief summary of why you would like to examine that topic.

An annotated bibliography. Instructions and examples are provided on Canvas.

A first draft. This will be a rough draft version of your whole project. The entire project must be complete at this point, but it does not have to be perfectly polished as we will have time to edit and change it into a more polished version. However, it must include the entire 4 sections (far past, recent past, current and future) sections. As well as a reference page. If you are writing a research paper you must also include a title page and abstract.

Peer Review. We will have peer reviews in class. You must both review another person's project according to the grading rubric and incorporate changes to your final draft based on the peer review session. I will also be reviewing your first draft with detailed feedback for you to incorporate.

A final draft. This will be the more finalized version of your project. The final draft needs to incorporate feedback from both the peer review and my review of your first draft. This draft needs to be polished and will be graded as your final submission.

Guidelines: You must use at least 10 references for your project. References must come from esteemed Journals or books. We will have a course Librarian (Rayla) walking you through how to find appropriate source material and you can always send me a link or citation to approve before using one you are unsure of. You should use no more than one website and the website must be approved before hand by either myself or the course librarian.

How your success is measured

Research Project

Medium of choice:

For this project you will be able to decide how you want to present your project. You can choose to do a standard research paper (guidelines for the paper are below) where you will write a section for each of the four topics (far past, recent past, current and future). The paper will be a standard APA

format research paper and we will discuss the format and requirements for this more in class. If you do not wish to write a research paper then you are more than welcome to choose any other medium you prefer. Some examples of different mediums include (but are not limited to): art project, children's books, comic book, podcast, website, Wikipedia pages, chapters for an open resource textbook, video, or anything else you can think of. You will need to explain your medium of choice when you turn in your topic. The medium must be approved by me. **NOTE:** When choosing the medium of presentation for your project, please choose something you are already familiar with. It will be too much work to learn how to code to design a website or app in a semester while doing all the background research. Please ask me if you have any questions about a particular medium. You also must demonstrate mastery of the medium you are presenting (for example: if you are doing a Google Slides or Power Point presentation you must give the presentation to demonstrate full understanding of the medium). When choosing your medium be sure to choose one you know you can demonstrate this mastery in with minimal effort on your part.

PSY 608 Students: You must choose to write an APA research paper for this project. To qualify for PSY 608 credit you must also go beyond what PSY 408 students are doing. For this, you will present about your final project. We will choose presentation dates by Thursday January 30th.

Grading:

A detailed grading rubric can be found on Canvas to demonstrate how I will grade the project. This rubric will also be used during the peer review process so that you can experience what I do while grading your project to help improve your final project. The timeline for each stage of the project can be found below and on the course calendar.

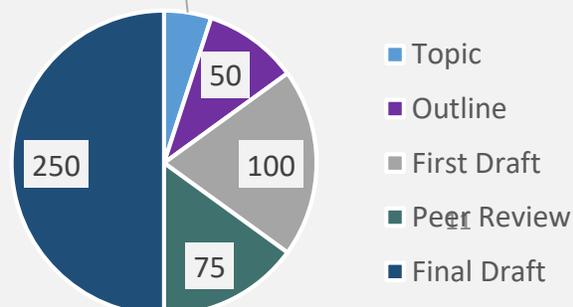
Guidelines if you are writing a paper:

If you are writing the paper you should be around 8 pages length with 12-point times new roman font, 1 inch margins and written in APA format. There will be class time set aside with both me and the course librarian discussing the ins and outs of APA format before the first draft is due.

Plagiarism: Please see rules regarding plagiarism later in the syllabus. Plagiarism is a serious offense that can result in a 0 for the project, for the course or even expulsion from the University. If you have any concerns about plagiarism or would like to ensure that you are not committing plagiarism you can always ask and send your project to me or Rayla at any time. I do not want you to experience these consequences especially if you are only committing plagiarism because you are unaware you are doing so. Please come to me or Rayla first.

Due Dates and Grading:

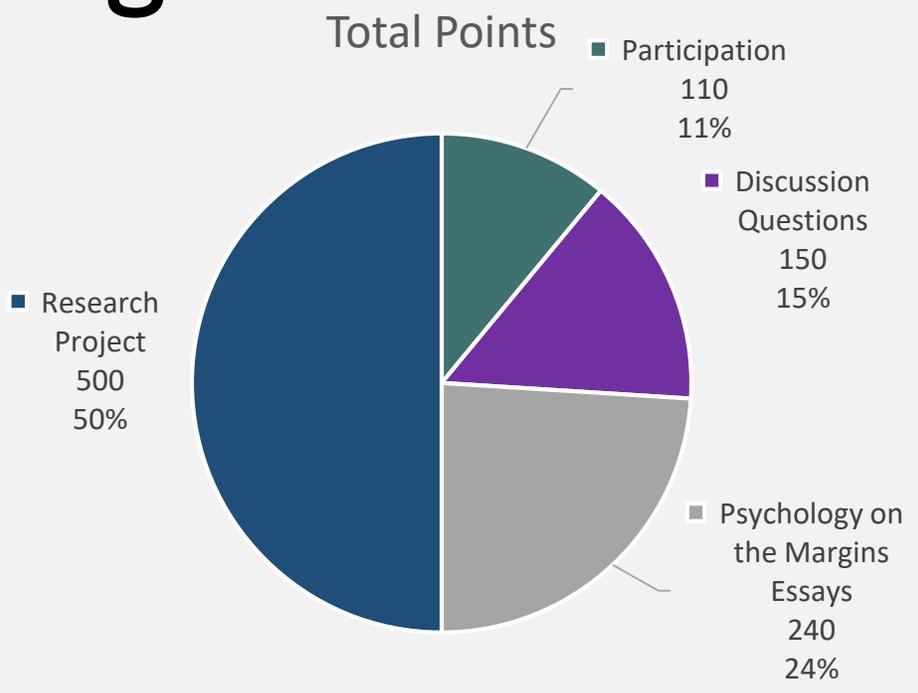
Topic	Thursday 1/30 @ 11:59 PM	25 points
Annotated Bib.	Thursday 2/27 @ 11:59 PM	50 points
First Draft	Thursday 4/2 @ 11:59 PM	100 points
Peer Review	Thursday 4/7 @ 11:59 PM	75 points
Final Draft	Thursday 4/30 @ 11:59 PM	250 points
Total		500 points



How your success is measured

Course Grading

Late Work Policy:
 No points are marked down within 24 hours of deadline. You can turn in anything after 24 hours for 20% mark down



Assignment	How many	Points Each	Total Points	%
Participation	27 days	5	110	11%
Discussion Questions	15 Submissions	10	150	15%
Psychology on the Margins Essay	8 Essays	30	240	24%
Research Project	Topic Annotated Bib. First Draft Peer Review Final Draft	25 50 100 75 250	500	50%

Final Grades will be calculated on the following scale:

- A (93-100%): 930-1000 points
- A- (90-92.99%): 900-929.99 points
- B+ (87-89.99%): 870-899.99 points
- B (83-86.99%): 830-869.99 points
- B- (80-82.99%): 800-829.99 points
- C+ (77-79.99%): 770-799.99 points
- C (73-76.99%): 730-769.99 points
- C- (70-72.99%): 700-729.99 points
- D+ (67-69.99%): 670-699.99 points
- D (60-66.99%): 600-669.99 points
- F (59.99% & lower): 0-599.99 points

Course Calendar

Week	Date	Topic	Assignments Due
1	Tue., Jan 21	Syllabus	
	Thurs, Jan 23	Overview of History of Psychology	
2	Tue., Jan. 28	Structuralism/Functionalism	PoM Essay
	Thu., Jan. 30		Topic Due
3	Tue., Feb. 4	Gestalt	
	Thu., Feb. 6		
4	Tue., Feb. 11	Library Presentation	PoM Essay
	Thu., Feb. 13	Library Day (MIKC 114)	
5	Tue., Feb. 18	Psychotherapy	PoM Essay
	Thu., Feb. 20		
6	Tue., Feb. 25	Humanistic	PoM Essay
	Thu., Feb. 27		Annotated Bibliography Due
7	Tue., Mar. 3	Behaviorism	
	Thu., Mar. 5		
8	Tue., Mar. 10	Cognitive	PoM Essay
	Thu., Mar. 12		
9	Tue., Mar. 17	SPRING BREAK	Try to Relax
	Thu., Mar. 19	SPRING BREAK	Try to Relax
10	Tue., Mar. 24	Social	PoM Essay
	Thu., Mar. 26		
11	Tue., Mar. 31	Developmental	
	Thu., Apr. 2		First Draft
12	Tue., Apr. 7	Peer Review (MIKC 114)	PoM Essay
	Thu., Apr. 9	Health Psychology	Peer Review
13	Tue., Apr. 14	I/O Psychology	
	Thu., Apr. 16		
14	Tue., Apr. 21	Forensic Psychology	PoM Essay
	Thu., Apr. 23		
15	Tue., Apr. 28	Other Areas	
	Thu., Apr. 30		Final Draft
16	Tue., May. 5	Wrap Up (Donuts, Maybe)	

Key

PoM Essays

Research Project

No Class

Personal Time

*Please put in more of this, even if you have to ask for deadline extensions!

Discussion Questions due every Sunday, Response due every Wednesday